

## The Experience

Our futuristic bike. Many years of engaged members. Finally, a cardio experience that's so fun and engaging that members will keep coming back for more. Interactive workouts bring the adventure of outdoor riding indoors. Personalized training features help members achieve greater fitness. Dynamic content keep workouts fresh.

Captivated by stunning graphics, realistic rides and in-ride games on over 30 virtual courses, members will quickly forget they are exercising. It's cardio, only way cooler.

And since Expresso Bikes are always changing, you will see new courses and games updated automatically over the Internet, increasing the value of your investment.

On [expresso.net](http://expresso.net), riders can personalize their experience, compete with friends, track their progress and celebrate their accomplishments with virtual awards.

Realistic Cycling shift gears and steer handlebars just like a real bike. Pedal resistance changes with the terrain.

Monitor Your Workout Members riding together in-facility can see each other on-screen. Real-time fitness information helps members monitor their workout.

Members can ride off-road with Expresso Chases. Follow easy gameplay rules. Learn simple strategies to improve their score. Its so engaging, time flies by!

Motivate members with interactive Expresso Tours, rated Basic-to-Extreme, and ride the California Coast to the Peruvian Mountains – even into Outer space! Personalize your experience with customisable Pacers or Ghosts of your previous best ride.



# SPECIFICATIONS

## Introducing the Espresso Upright and Recumbent Bikes

Realistic feel. Reliable performance. Eye-catching design. Quality and ingenuity are built into every Bike. They're fully integrated, commercial-grade and built for years of continuous use.

Espresso Bikes the Technology

### Special Features

Best in Class Video Screen Widescreen, high-contrast LCDs are designed for easy viewing and are protected by rugged splashguards.

Standard Headphone Jack Members can use their own headphones to enjoy several music channels.

Keypad User-Friendly design provides quick access to our interactive Tours and off-road games.

Polar-Compatible Heart Rate Sensors

Steering and Shifting Controls Conveniently located on the handlebars, controls engage the upper body. Creating a realistic riding experience.

Trigger Buttons with new functionality coming soon.

Low Profile, Adjustable Seat Post Supports a wide range of rider heights and fore/aft seat adjustments

Ergonomic Seat and Back Rest designed for comfort to accommodate a wide range of rider types. Upright seats are available in a variety of sizes.

Advanced Drive Train Uses a dual-belt resistance system that provides fluid motion, quiet operation and supports up to 700 watts of riding power.

Convenient Walk-Through Design (recruitment only) Enhances stability and permits riders to get on and off with ease.

Multi-Purpose Pedal Design accommodates standard footwear as well as SPD-compatible shoes.

Premium Computer System The heart of the system features a high-performance processor, premium video card, an integrated TV tuner, spacious disc drive and lots of memory.

