

PRODUCT RANGE



KL2403 SQUAT PRESS

FEATURES

- Dynamic linkage movement system
- Oversized foot placement pads
- Drop away seat
- Safety shield
- Safety weight stack
- Exercise placards
- Compound movement

MUSCLE GROUPS

- Quadriceps
- Gluteal
- Hamstrings



KL2301 BENCH PRESS

FEATURES

- Adjustable back pad to accommodate varying sizes and arm lengths
- Self-aligning linear ball bearings
- Induction hardened steel shafting
- Safety shield
- Safety weight stack
- Exercise placards
- Compound movement

MUSCLE GROUPS

- Pectorals
- Anterior Deltoids
- Triceps



KL2410 SEATED LEG PRESS

FEATURES

- Adjustable back pad to accommodate varying sizes and arm lengths
- Oversized foot placement pads
- Self-aligning linear ball bearings
- Induction hardened steel shafting
- Safety shield and weight stack
- Exercise placards
- Compound movement

MUSCLE GROUPS

- Quadriceps
- Gluteal
- Hamstrings



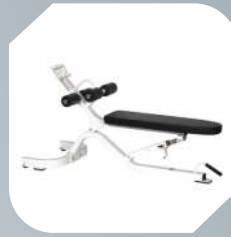
KL2501 SHOULDER PRESS

FEATURES

- Adjustable seat pad to accommodate varying sizes
- Dynamic linkage movement system
- Compound movement
- Safety shield
- Safety weight stack
- Exercise placards
- Compound movement

MUSCLE GROUPS

- Deltoids
- Triceps



KL2261 AB CRUNCH

FEATURES

- Decline/Flat/Incline exercise angles
- Four upholstered roller pads for stabilisation
- Exercise placards
- Body weight exercise

MUSCLE GROUPS

- Rectus Abdominals
- Hip Flexors



KL2101 SEATED DIP

FEATURES

- Dynamic linkage movement system
- Safety shield
- Safety weight stack
- Exercise placards
- Compound movement

MUSCLE GROUPS

- Pectorals
- Triceps
- Deltoids



KL2203 MID ROW

FEATURES

- Adjustable chest pad to accommodate varying arm lengths
- Self-aligning linear ball bearings
- Induction hardened steel shafting
- Safety shield
- Safety weight stack
- Exercise placards
- Compound movement

MUSCLE GROUPS

- Lats
- Teres Major
- Biceps



KL2662 BACK / HIP EXTENSION

FEATURES

- Foot mount pedestals for ease of access & use
- Exercise placards
- Body weight exercise

MUSCLE GROUPS

- Gluteal
- Erector spinae
- Hamstrings



KL2201 CHIN UP

FEATURES

- Adjustable seat and bar positions
- Counter balanced exercise arm
- Dynamic linkage movement system
- Safety shield
- Safety weight stack
- Exercise placards
- Compound movement

MUSCLE GROUPS

- Lats
- Teres Major
- Biceps

